

## **Relevant Changes on Inter-school Sports Competition 2025-2026**

Member schools please pay attention to the changes on inter-school sports competition which will take effect in the 2025-2026 season.

***\*\*All changes will be confirmed and announced at the General Sports Meeting on 29 August 2025\*\****

Effective as at **2025-2026** season:

### **1. Athletics & Swimming**

1.1 In case of tie on points of Grade, the following criteria will be used:-

- 1.1.1 The grade ranking will be determined by the number of gold medals won, then silver and bronze and so on, up until the 8th position;
- 1.1.2 Should the tie still persist, the grade ranking will be determined **by the number of record were broken (by event)**;
- 1.1.3 Should the tie still persist, schools concerned will be awarded the same position.

### **2. Cross Country/ Long Distance Run**

With reference to the EDB guidelines on AQHI / Outdoor Activities, the cross country competition will be cancelled if the AQHI reaches Very High" (Band 8-10) or Typhoon Signal No.1 or above is hoisted.

### **3. Girls Football**

Division One competition will be arranged to play on 7-a-side Soccer Pitches (Artificial Turf Pitches). Football boots may be worn by players.

### **4. Hockey**

4.1 As per recommendation of The Hockey Hong Kong, China, the following rules regarding Mandatory Wearing of Face Mask will also be applicable to Inter School Competition for players safety and welfare:

“For local competitions, should a defending team not have enough head or face protections, the number of defenders will be reduced accordingly and only defenders wearing head or face protections are permitted to defend penalty corners.” (For detail, school may refer to <https://www.hockey.org.hk/Content.asp?Uid=2711> )

### **5. Squash**

5.1 There will be changes of Playing order for both the Boys' and Girls' Teams Competition:

For Boys' Team Competition: Matches will be played between teams of five players, with the playing order as 1, 2, 3, 4, 5.

For Girls' Team Competition: Matches will be played between teams of three players, with the playing order as 1, 2, 3.

5.2 The official squash ball for the competition is the DUNLOP PRO.

## **6. Volleyball**

The official volleyball Rules 2025-2028 will be applicable to Inter Secondary School Competition. (For detail, school may refer to <https://vbahk.org.hk/article/3508> )

To : All Member Secondary Schools (New Territories)

Date : 18<sup>th</sup> July 2025